

## Senior peer counseling

The Senior Peer Counseling Program, which provides free counseling to county residents who are 55 and over, has received a grant to continue for another year.

The county has awarded Family Service Agency of San Mateo County about \$283,000 to continue training volunteers to provide free one-on-one and group peer counseling in English, Spanish, Cantonese, Mandarin and Tagalog. Volunteers are also trained to help members of the lesbian-gay-bisexual-transgender community.

Senior peer counselor volunteers must be at least 50 years old, be willing to make a one-year commitment and have access to reliable transportation. For information about the program, contact Geri Lustenberg at 650-403-4300, ext. 4389, or [glustenberg@fssm.org](mailto:glustenberg@fssm.org).

Contact Joan Aragone at 650-348-4332 or [fogbelt2@aol.com](mailto:fogbelt2@aol.com).