



Image Author: "Vecteezy.com"

LET'S TALK... ON ZOOM!

If you are age 55 or older and live in San Mateo County, join us for conversation and community.

All you need is a computer, tablet or smartphone.
ZOOM training is provided.

Meet interesting people like yourself. Build community and make new friends.
Understanding and empathy to provide comfort when life gets challenging.
These gatherings are guided by a trained facilitator.

WHEN: Mondays, 2:00 - 3:00pm, Men's Group
Tuesdays, 11:00am - 12:00pm,
2nd and 4th Tuesdays, 2:00 - 3:00pm
Wednesdays, 3:30 - 4:30pm
Fridays, 2:00 - 3:00pm, LGBTQIA+ Women

ALL ARE
WELCOME



RSVP: mepstein@peninsulafamilyservice.org,
zoom link will be provided



LET'S TALK is sponsored by Senior Peer Counseling