

## Counseling for adults 55+

Short Term confidential counseling in English or Spanish for San Mateo County residents who are at least 55 years old, provided by a licensed therapist.



Individual, Couple, or  
Family therapy available

\$15.00 co-pay per visit

For more information please contact Raychelle  
at 650-403-4300, extension 4389.

Funded by the Mills Peninsula Hospital Foundation

